

Greenwood Academies Trust Secondary

Menu

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Beef Lasagne with Sweetcorn & Garlic Bread R02229NL Served with Wholemeal Vegetable Rice R00535NL	Turkey Milanese R00587NL with Potato Wedges R00439NL & Sweetcorn R00089NL	Macaroni Mix Up Macaroni Cheese R00503NL with a choice of Pulled Pork R00578NL Crispy Bacon Or Just on its own all with Salad R00328NL	Southern Spiced Chicken R002295NL With New Potatoes R00619NL Baked Beans	Cod Fish Fingers R00391NL with Oven Chips R02272NL & Garden Peas R00092NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) Cheese & Tomato Omelette R00018NL with Hash Browns R02135NL & Baked Beans R00291NL	(v) Vegetable Samosa R00445NL with sweet noodles R01402NL	(V) Vegan Sausage Roll R01506NL with Roast Potatoes R00109NL , Mixed Vegetables R00086NL & Gravy R00569NL	(V) Vegan Burger R00587NL with New Potatoes R00525NL & Baked Beans R00091NL	(v) Quorn Vegan Nuggets R100552L with Oven Chips R02272NL & Garden Peas R00092NL
Grab & Go	Grab & Go	Grab & Go	Grab & Go	Grab & Go
(V) Tomato & Basil Pasta R00252NL Ham & Cheese R02171NL or Cheese & Tomato	(V) Tomato & Garlic Pasta R00252NL Breaded Chicken Goujons R01354NL with sweet chilli Noodles	(V) Macaroni Cheese R00252NL Vegetable Samosa R00445NL with Vegetable Rice	(V) Tomato & Oregano Pasta R01164NL Beef Meatballs with Tomato Pasta R001421NL	(V) Tomato & Pesto Pasta R00461NL Sausage Roll R00389nl & Wedges R00114NL



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R00477NL turnovers with Chips R02272NL	R01402NL	R00474NL R0027NL		
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potatoes with a variety of Fillings, Sandwiches/Rolls/ Baguettes/Pasta Pots & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Chocolate Brownie R00663NL & Cream R00414NL	Crunchy Pudding R00478NL Served with Custard R00140NL	Victoria Sponge R00839NL	Summer Fruit Sponge R00464NL Served with Custard R00414NL	Strawberry Ice Cream Cone R00501NL
Alternative Dessert Options				
Selection of Plain, Chocolate, Cherry, Ginger and Oat Cookies and Muffins Fruit Selection Yoghurt Selection	Selection of Plain, Chocolate, Cherry, Ginger and Oat Cookies and Muffins Fruit Selection Yoghurt Selection	Selection of Plain, Chocolate, Cherry, Ginger and Oat Cookies and Muffins Fruit Selection Yoghurt Selection	Selection of Plain, Chocolate, Cherry, Ginger and Oat Cookies and Muffins Fruit Selection Yoghurt Selection	Selection of Plain, Chocolate, Cherry, Ginger and Oat Cookies and Muffins Fruit Selection Yoghurt Selection
Please see our separate Cake menu for Allergen information. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

