



STANGROUND ACADEMY



Enrichment Curriculum Post-16 (Years 12 & 13)



INTRODUCTION

WHAT IS THE POST-16 ENRICHMENT CURRICULUM?

The Post-16 Enrichment Curriculum is designed to support students beyond their academic qualifications, helping them to develop the skills, experiences and confidence needed for their next steps.

Through a range of carefully planned opportunities, students will build their independence, strengthen their character and prepare for life beyond Stanground Academy.

Enrichment forms an important part of Post-16 life and gives students the chance to broaden their horizons, explore future pathways and develop as confident, ambitious and reflective young adults.

WHY ARE WE DOING IT?

Post-16 education is about more than achieving strong academic outcomes. It is also about preparing students for adulthood, responsibility and future success.

Our enrichment programme helps students develop the wider skills, habits and experiences they need to thrive beyond the classroom. This includes leadership, communication, resilience, organisation, teamwork and independent thinking.

By taking part in enrichment, students will be supported to take informal decisions about their future, build confidence in who they are, and develop the qualities needed to success in an ever-changing world.

SKILLS BUILDER

Skills Builder is embedded throughout the Post-16 Enrichment Programme, helping students develop the essential skills needed for Post-16 and future pathways.

Through enrichment, students will strengthen skills such as communication, problem solving, planning and teamwork, supporting them to become confidence and future-ready.



WHAT TO DO NEXT:

1. Read through this booklet carefully to understand the Post-16 enrichment provision.
2. Explore the different pillars and opportunities available through their journey.
3. Think about how each area can support your personal goals and future plans.
4. Speak to the Post-16 Team if you have any questions or need guidance.
5. Approach enrichment with ambition, maturity and a willingness to get involved.

PLEASE NOTE

- Post-16 enrichment is an important, compulsory part of the Sixth Form experience.
- The programme is designed to support both academic and personal development.
- Students will be guided through different opportunities across Year 12 and Year 13.
- Enrichment supports preparation for university, apprenticeships, employment and future pathways.
- Students are expected to engage positively and take ownership of their development.

HELP & SUPPORT

Have a question about enrichment/intervention?

Speak to the Post-16 Team

or email

post16@stanground.academy.org



NEW ACADEMY WEEK STRUCTURE

Stanground Academy will introduce a new structure to the academy week, allowing compulsory enrichment/intervention to be embedded alongside the full academic timetable. Supporting students personal development, wellbeing, and wider skills.

All sessions will be delivered by academy staff or external professionals, following the academy expectations for behaviour, attendance and values.

Monday, Tuesday, Wednesday and Friday

Session	Times
Tutor	8:35 - 9:00
Period 1	9:00 - 10:00
Period 2	10:00 - 11:00
Break	11:00 - 11:20
Period 3	11:20 - 12:20
Period 4	12:20 - 13:20
Lunch	13:20 - 13:55
Period 5	13:55 - 14:55

Thursday

One hour of compulsory enrichment/
Intervention for all students

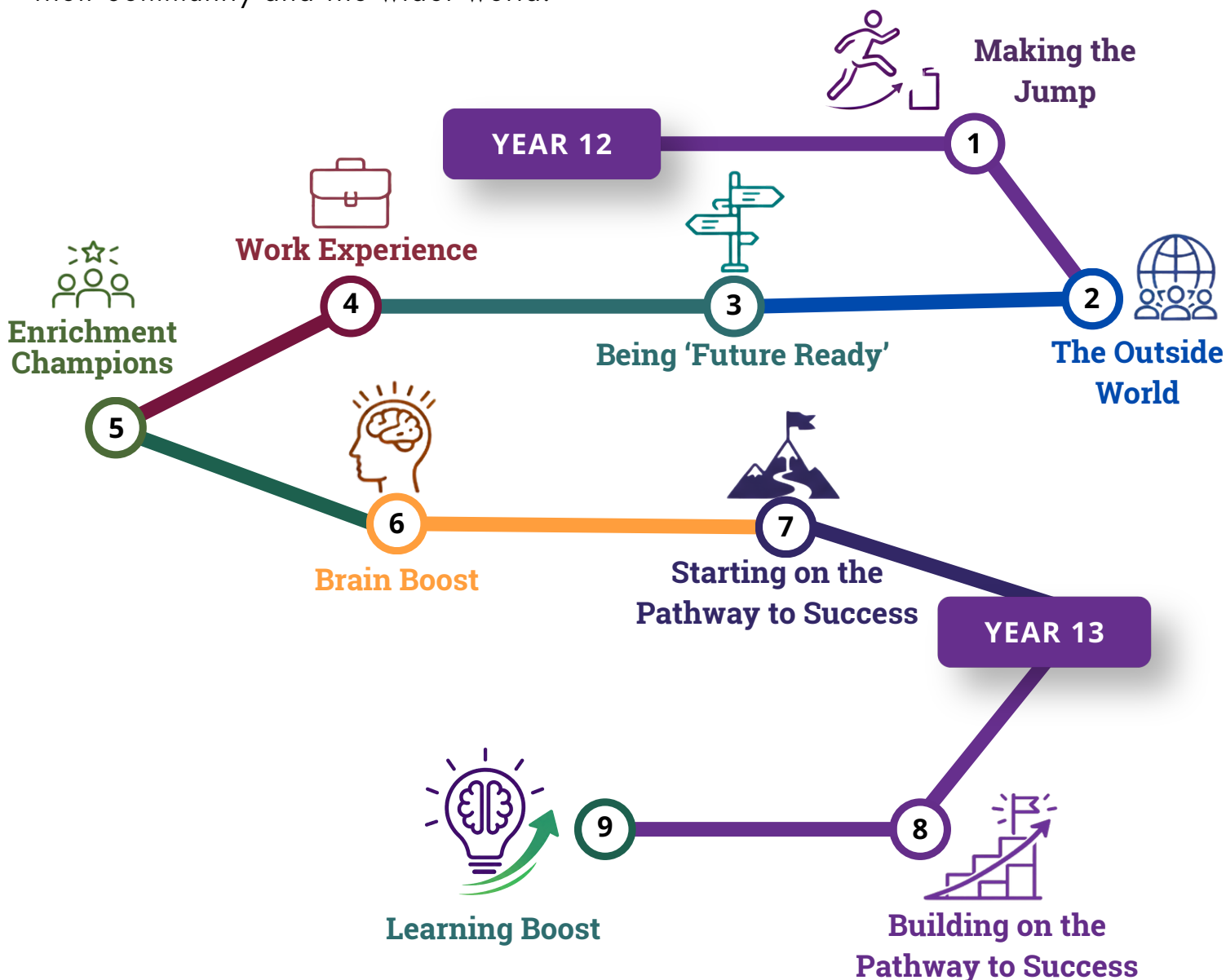
Session	Times
Tutor	8:35 - 8:45
Period 1	8:45 - 9:45
Break 1	9:45 - 10:00
Period 2	10:00 - 11:00
Period 3	11:00 - 12:00
Lunch	12:00 - 12:30
Period 4	12:30 - 13:30
Period 5	13:30 - 14:30
Break 2	14:30 - 14:45
Enrichment/ Intervention	14:45 - 15:45

POST-16 ENRICHMENT JOURNEY

Our Post-16 enrichment journey is designed to support students beyond their academic qualifications. Each pillar represents an important part of Post-16 life, helping students to develop the confidence, independence and wider skills needed for their next step.

As students move through each pillar they will build strong study habits, explore future pathways, develop leadership and strengthen the personal qualities. This will support their life beyond Stanground Academy at university, apprenticeships and employment.

This programme ensures that enrichment is purposeful, inclusive and future-focused. Every stop on the journey is designed to help students grow as ambitious, reflective and resilient young adults. Making them ready to make a positive contribution to their community and the wider world.



ENRICHMENT PILLARS

YEAR 12

BUILDING CONFIDENCE. EXPANDING OPPORTUNITIES. PREPARING FOR THE FUTURE.

Year 12 enrichment is designed to support students as they transition into Post-16 study and begin preparing for life beyond secondary school. Through a carefully structured programme, students will develop the personal, academic and professional skills needed to success both during their time in Post-16 and beyond.

Throughout Year 12, students will progress through seven enrichment pillars, each focusing on a key area of personal development and future readiness. From settling into Post-16 life and developing study skills, to work experience, leadership and preparing for Post-18 applications. Each pillar has been designed to help students grow, reflect and achieve.

The programme encourages students to:

- Develop independence and resilience.
- Build communication and teamwork skills.
- Explore careers and future pathways.
- Strengthen study and revision techniques.
- Gain valuable leadership and enrichment experience.
- Prepare confidently for university, apprenticeships or employment.

Our Year 12 programme ensures students are not only academically prepared, but also equipped with the confidence, experiences and skills needed to thrive in an ever-changing world.



Pillar 1

Making the Jump



Transition to Post-16

The curriculum will cover a range of key topics, providing students with essential information to support their transition to Post-16 education.

Through a diverse range of carefully selected elements, students will gain essential knowledge alongside practical strategies to thrive in this next stage of their academic journey.



From understanding the expectations of classroom learning to mastering the art of independent study, the curriculum will assist in guiding students to ensure they feel their workload is manageable every step of the way. This will also encourage them to take ownership of their learning, develop critical thinking skills, and build the resilience needed to succeed in a more demanding environment.

By the end of this pillar, students will not only feel prepared but empowered with the skills, confidence, and mindset required to embrace new challenges and make a successful start to their Post-16 experience.

Some of the topics discussed in this pillar will be: Effective independent study, balancing study, deadlines, and personal life, resilience, growth mindset and confidence building



Pillar 2

The Outside World

Citizenship, Relationship and Sexual Education (RSE)

This pillar is dedicated to empower students with the knowledge, confidence, and awareness they need, focusing on personal development and 'real-world readiness'. Students will explore key topics that support their wellbeing, decision-making, and sense of responsibility, helping them to feel secure and self-assured as they become more independent.



A strong emphasis is placed on staying safe both in everyday situations and in the wider digital world while encouraging students to think critically about the choices they make. Through discussion, reflection, and practical guidance, students will learn how to manage risks, seek support when needed, and make informed decisions that positively impact their future.

By fostering confidence and promoting responsible behaviour, this pillar helps students to develop the maturity and resilience required not only for success in education, but also for life beyond the classroom.

Key topics discussed in this pillar will include vaping, road safety, sexual health and consent, as well as building and maintaining a responsible and positive online presence.



Pillar 3

Being Future Ready



Careers and Looking at the Future

Careers are rarely a straight line and that is exactly what makes them exciting. This part of the programme helps students understand that the decisions they make now are just the beginning of their journey, not the destination. Instead of feeling pressure to “get it right first time,” students are encouraged to stay curious, keep an open mind and explore the many possibilities available to them.



Through this process students will have the opportunity to discover a wide range of career pathways. They will research different industries, discover real-life experiences from professionals and be encouraged to ask questions and think about what interests and motivates them. Sessions during this pillar will not only broaden their understanding of the world of work, but will also help them start to see where their own skills and passions might fit.

By building confidence, encouraging curiosity, and supporting informed decision-making, this part of the programme empowers students to take their next steps, creating a sense of purpose while knowing that their future is full of opportunities, not limitations.



Pillar 4

Work Experience

Real World Work Experience

Work experience is more valuable than ever in today's climate, where part-time job opportunities can be limited and competition for roles is increasingly high. Many students find it difficult to secure paid employment alongside their studies, making work experience an especially important and meaningful alternative.

Work Experience provides a unique opportunity to step beyond the classroom and gain a real insight into industry. Through gaining work experience placements students can gain hands-on involvement, begin to develop essential transferable skills such as communication, teamwork, problem-solving and time management - qualities of which employers and universities highly value.



Perhaps most importantly, it helps students explore different career areas, giving them a clearer sense of what they enjoy and where their strengths lie. Even a short placement can make a lasting impact, helping students stand out in a competitive environment while preparing them for the next steps in their education and career journey.

Students have previously secured a wide range of work experience placements across diverse sectors, including: doctors' surgeries and hospitals, retail environments, legal firms such as solicitors, financial administration roles and both primary and secondary schools.



Pillar 5

Enrichment Champions



Supporting with enrichment

During this pillar, Year 12 students are actively encouraged to take on a meaningful role within the academy, supporting and contributing to a wide range of enrichment activities for students in Years 7-10. These opportunities span across diverse areas such as the arts, sports and IT, allowing students to engage with younger peers in ways that reflect their own interests and strengths.

By getting involved, students not only make a positive impact within the school community but also develop valuable personal and professional skills. Supporting others helps to build confidence, strengthen communication and leadership abilities, and foster a sense of responsibility and initiative. It also provides an opportunity to step into mentoring roles, which can be both rewarding and empowering.



Participation in these activities plays a key role in enhancing students' personal statements, CVs and future applications. It demonstrates commitment, teamwork and a willingness to contribute beyond the classroom. These are qualities that are highly valued by employers, apprenticeship providers and universities.

In an increasingly competitive job market, these experiences ensure that students stand out while continuing to grow as well-rounded, capable individuals, fully prepared for their next steps into employment, apprenticeships or higher education.



Pillar 6

Brain Boost

Study Skills and Support

Developing strong study skills and the confidence to learn independently is a key part of succeeding at Post-16. This part of the programme encourages students to take real ownership of their learning, helping them move from being guided learners to becoming self-motivated and proactive thinkers.

Students will explore a range of study techniques, from creative revision methods like mind-mapping and flashcards to more advanced strategies such as active recall and spaced practice. They'll also discover how to make the most of independent study timewhether that's organising notes, researching topics in more depth, or finding ways to stay focused and motivated outside the classroom.



Along the way, students will experiment with what works best for them, building a personalised toolkit of strategies they can rely on throughout their studies. This not only boosts confidence but also makes studying more efficient. By developing these essential skills, students will feel more in control, better prepared and ready to take on the challenges of Post-16 study with confidence and independence.

Topics covered in this pillar; revision resources, study toolkits, note-taking, active recall, exam practice and talks from former alumni students sharing real-life experiences and advice.



Pillar 7

Starting on the Pathway To Success



During the final pillar of Year 12, the focus shifts towards life beyond Post-16 helping students prepare for their next steps, enabling an understand what success can look like after their studies at Stanground Academy. This pillar brings everything in the academic year together, encouraging students to reflect on their achievements so far while looking ahead.

Students will explore the full range of Post-18 pathways available to them, including university, apprenticeships and employment. Through guided sessions, they will have the opportunity to research options in depth, compare choices and begin to refine their future plans based on their skills, interests and aspirations.



Ongoing support remains a key part of this pillar. Students will take part in careers interview preparation, developing the confidence to present themselves professionally and articulate their strengths. They will also receive tailored guidance on applications, whether that's crafting strong personal statements, preparing for interviews, or understanding what employers and universities are looking for. By the end of this pillar, every student will feel informed, supported and ready to take their next steps.

Having built a strong foundation of knowledge, skills, and confidence throughout Year 12, students will step into Year 13 feeling empowered, ambitious and ready to take on the challenges ahead.



ENRICHMENT PILLARS

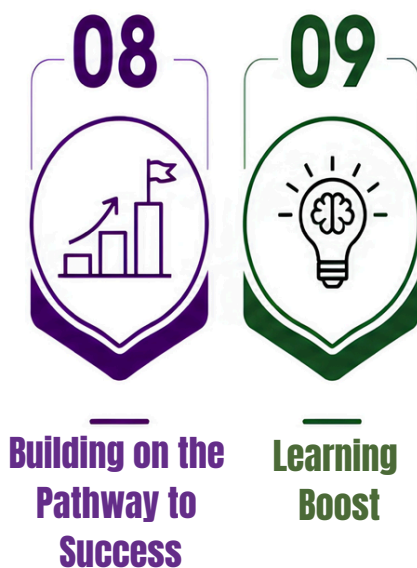
YEAR 13

REFINING SKILLS, ACHIEVING GOALS & PREPARING FOR THE NEXT STEP

Year 13 enrichment is designed to support students through their final stages of Post-16 as they prepare for university, apprenticeships, employment and life beyond education.

Building on the foundations developed in Year 12, the programme focuses on strengthening applications and developing independence. This ensures all students feel confident and fully prepared for their next steps. Alongside this, students will continue to develop the study skills, resilience and academic confidence needed to achieve success in their final examinations.

Through targeted guidance, intervention and future-focused support, students are encouraged to reflect on their ambitions, challenge themselves and maximise every opportunity available to them.



WHERE COULD YEAR 13 TAKE YOU?



University

Develop strong applications, personal statements and prepare for a successful transition into higher education



Apprenticeships

Build your skills, prepare for interviews and stand out in competitive applications.



Employment

Gain the skills and experience to secure employment and thrive in the workplace.



Gap Year

Plan your time meaningfully, explore new opportunities and develop independence.



Further Studies

Explore specialist qualifications and pathways that keep your learning and ambitions growing.



Year 13 enrichment helps you develop the knowledge, skills and confidence to progress onto the pathway that's right for them.

Pillar 8

Building on the Pathway to Success



Students arrive at this stage with a broad range of experiences and achievements already developed. This pillar focuses on helping them showcase these strengths effectively through applications, personal statements, CVs and interviews, ensuring they are ready for their chosen next steps.



In Year 13, the focus shifts from building experiences to using them effectively. This is the moment to connect the dots. A strong application is not just a list of achievements – it is a clear, focused story about the student, what they've done, and what they're going to do next. Whether it's applying to university, entering the workplace, or pursuing an apprenticeship.



Different pathways require slightly different approaches. University applications may focus more on academic curiosity and subject passion, while employment and apprenticeships often place greater emphasis on practical skills and workplace readiness. However, at the heart of every successful application is the same principle: clarity of purpose, evidence of commitment and the ability to articulate your journey with confidence.

With the knowledge gained, skills developed and the experiences embraced, students should be in a strong position to move forward with confidence. This is their opportunity to present the very best version of themselves – focused, reflective and ready to take the next step!



Pillar 9

Learning Boost

During this final pillar, we place a strong emphasis on ensuring every student is fully prepared to achieve their potential. Students are supported through a structured programme of targeted intervention, where they are placed on a rotation designed to address gaps in subject knowledge and refine key exam techniques.

These interventions provide focused opportunities for students to revisit challenging areas, strengthen their understanding, and develop the skills needed to approach assessments with confidence. Alongside this, students are supported in improving essential study habits, including revision strategies, time management, and exam planning.



This is a crucial period in a student's academic journey. We encourage all students to approach this phase with focus, commitment, and determination. By engaging fully with the support available and maintaining a strong work ethic, students can secure the grades required for their next steps - whether that is university, an apprenticeship, or entry into employment.

Your support at home in encouraging consistent effort and positive study routines will play an important role in helping students make the most of these opportunities and achieve their very best outcomes.





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