

# Greenwood Academies Trust Secondary Menu

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
<b>Main Meal Choice</b>	<b>Main Meal Choice</b>	<b>Main Meal Choice</b>	<b>Main Meal Choice</b>	<b>Main Meal Choice</b>
Pork Sausage R00259NL Hash Brown R02135NL Baked Beans R00091NL	Turkey Milanese in a Bun R00587NL Jacket Potato R00141NL Coleslaw R00106NL Corn on the Cob R00089NL	Minced Beef Lasagne R00127NL Garlic Bread R00536NL Mixed Salad R00328NL	Thai Green Chicken Curry R00071NL Steamed Vegetable Rice R00274NL	Fish Fingers R01402NL Potato Cubes R00532NL Garden Peas R00092NL
<b>Vegetarian Choice</b>	<b>Vegetarian Choice</b>	<b>Vegetarian Choice</b>	<b>Vegetarian Choice</b>	<b>Vegetarian Choice</b>
Cheese & Tomato Omelette R00018NL Hash Brown R02135NL Baked Beans R00091NL	No Meat Chicken Burger in a Bun R00587NL Jacket Potato R00141NL Coleslaw R00106NL Corn on the Cob R00089NL	Vegetable Lasagne R00051NL Garlic Bread R00536NL Mixed Salad R00328NL	Sweet Potato & Chickpea Balti R00031NL Steamed Vegetable Rice R00274NL	(V) Quorn Southern Fried Nuggets R01377NL Potato Cubes R00532NL Garden Peas R00092NL
<b>Grab &amp; Go</b>	<b>Grab &amp; Go</b>	<b>Grab &amp; Go</b>	<b>Grab &amp; Go</b>	<b>Grab &amp; Go</b>
(V) Cheese & Tomato Baguette R01088NL  Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL  Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL  Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL  Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL  Ham & Cheese Baguette R01207NL
(V) Pasta in Tomato & Oregano sauce R02164NL	Tuna Mayo Salad Box R01356NL	Sweet & Sour Noodles with Yellow Pepper & Broccoli R01402NL	Cheese Salad Box R01359NL	(V) Wholemeal Pasta in Tomato & Basil Sauce R00252NL
<b>Potatoes, Sandwiches and Salad Options</b>				
<b>A selection of Jacket Potatoes with a variety of Fillings, Sandwiches/Rolls/ Baguettes/Pasta Pots &amp; Salad Selection.</b> Please see our separate menus for <b>Allergen</b> information.				
<b>Dessert Choice</b>				
Raspberry Ice Cream Roll R00557NL	Strawberry Sponge R00744NL Cream R00414NL	Lemon Cheesecake NL01295NL	Chocolate & Pear Sponge Chocolate Sauce R00379NL	Carrot Cake with Cream Cheese Topping R02122NL
<b>Alternative Dessert Options</b>				
Ginger & Oat Cookies R01300NL Lemon Muffins/Cupcakes R01313NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Cherry Cookies R01312NL Chocolate Krispi Cakes R01282NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Shortbread R00417NL Gingerbread Shape R00590NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Cathy's Chocolate Cookies R01311NL Flapjack R02258NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Chocolate Krispi Cakes R01282NL Gingerbread Shape R00590NL Fruit Selection R02195NL Yoghurt Selection R01434NL
<b>Allergen Information</b>				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

