

Greenwood Academies Trust Secondary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Pork Meatballs in a Tomato & Basil Sauce R00125NL Pasta Shapes R00570NL Garlic Bread R00536NL	Chicken Tikka Masala R00143NL Wholegrain Rice with Red Peppers, Onions & Peas R00619NL Naan Bread R00331NL	Roast Beef R00406NL Yorkshire Pudding R00539NL Roast Potatoes R00109NL Carrots R00085NL Green Beans R00086NL Gravy R00569NL	Mince Lamb Kofta Kebab Served on a Wrap R02272NL Turkish Salad Steamed Rice R00274NL	Fishcake R00439NL Potato Wedges R00114NL Garden Peas R00092NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
Plant based Meatballs R01331NL Pasta Shapes R00570NL Garlic Bread R00536NL	Vegetable Moussaka R00234NL New Potatoes R00525NL Mixed Salad R00328NL	(V) Quorn Sausage R00128NL Roast Potatoes R00109NL Carrots R00085NL Green Beans R00086NL Gravy R00569NL	Cheese & Onion Pasty R00613NL Mashed Potatoes R00100NL Baked Beans R00091NL	(V) Vegetable Fingers R00609NL Diced Potatoes R00532NL Garden Peas R00092NL
Grab & Go	Grab & Go	Grab & Go	Grab & Go	Grab & Go
(V) Cheese & Tomato Baguette R01088NL Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL Ham & Cheese Baguette R01207NL	(V) Cheese & Tomato Baguette R01088NL Ham & Cheese Baguette R01207NL
Tuna Mayo Salad Box R01356NL	(V) Pasta Arrabiatta R00134NL	(V) Macaroni Cheese R00503NL	Sweet & Sour Noodles with Yellow Pepper & Broccoli R01402NL	(V) Tomato & Vegetable Pasta R01508NL
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potatoes with a variety of Fillings, Sandwiches/Rolls/ Baguettes/Pasta Pots & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Black Cherry & Vanilla Sponge RR00834NL Cream R00414NL	Lemon Drizzle Sponge R00333NL	Chocolate Cake with Chocolate Frosting R00630NL	Apple & Blueberry Crumble R00631NL Custard R00140NL	Strawberry Ice Cream Cones R00501NL
Ginger & Oat Cookies R01300NL Lemon Muffins/Cupcakes R01313NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Cherry Cookies R01312NL Chocolate Krispi Cakes R01282NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Shortbread R00417NL Gingerbread Shape R00590NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Cathy's Chocolate Cookies R01311NL Flapjack R02258NL Fruit Selection R02195NL Yoghurt Selection R01434NL	Chocolate Krispi Cakes R01282NL Gingerbread Shape R00590NL Fruit Selection R02195NL Yoghurt Selection R01434NL
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

