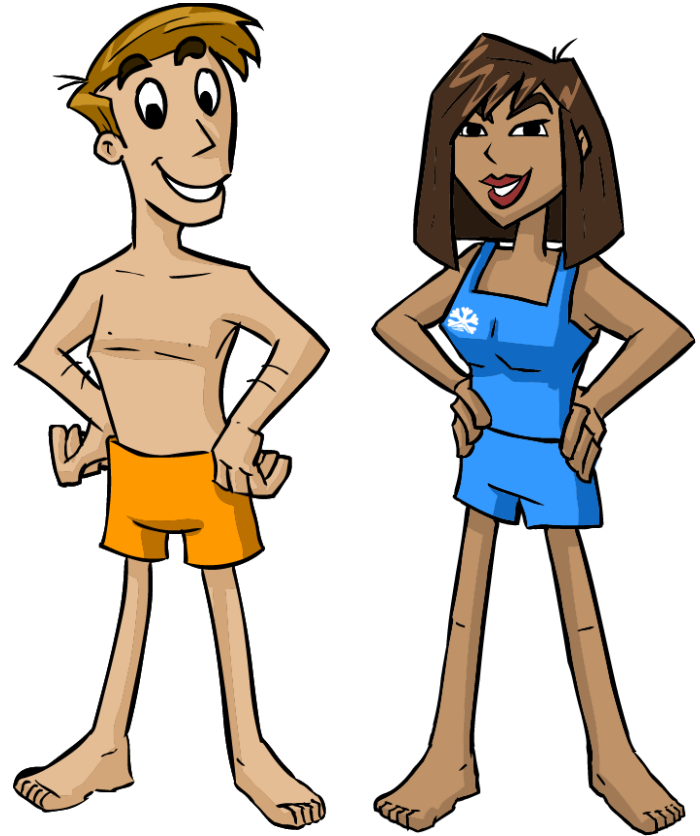




interiski
rental wear and accessories

q. What ski wear and ski accessories do I need to take with me on my ski course?

Taking the right clothing and ski accessories will ensure you're warm, dry and safe on the mountain.



Ski Socks

- Specialist ski socks
- Minimum 2 pairs
- Snug fitting
- Wear only one pair



Base Layer

- NOT cotton
- Thermal or fleece
- Thick tights or leggings
- Proper long-sleeved thermal top



Ski Trousers / Pants

- Waterproof
- Windproof
- Fully taped seams
- Gaiters
- Extra padding



Mid Layer

- Provide warmth
- Several thin layers
- Fleeces or light jacket



Ski Jacket

- Waterproof
- Windproof
- Fully taped seams
- Breathable
- Lots of pockets



Ski Gloves / Mittens

- Waterproof
- Warm
- padded
- Good grip
- Snug but not too tight
- Velcro strap or draw
- minimise heat



Goggles

- Essential for when its snowing
- Ensure they fit correctly
- Double / anti fog lens
- Orange or green lens
- Make sure they are helmet compatible



Sunglasses

- Must be worn
- Ensure a good fit
- Provide adequate UV protection
- Plastic frame



Sun Cream & Lip Balm

- Easy to get sunburnt
- Apply frequently
- Sports formulated
- High SPF
- Pocket sized tubes



Beanie / Woollen Hat

- Keeps the head and ears warm
- Good for snow-play
- Can be worn when a ski helmet isn't needed



Ski Helmet

- Legal requirement in many resorts
- Ensure correct fit



Other Items to Consider

- Inner gloves
- Scarf or neck warmer
- Snow boots
- Après ski wear



- **Over 19 years experience providing ski clothing and ski accessories for college and school ski trips**
- **Over 1000 ski jackets AND ski trousers**
- **No deposit or time consuming paperwork**
- **Free delivery and collection from your school or college**

How do I place an order?

- **Complete a rental wear booking form**
- **Web: www.interski.co.uk/rental**
- **Tel: 01623 456333**