## **Summer Term Extra-Curricular Club Timetable**

|           | Lunch Time (1:20 – 2:00)   | After School (3:00 – 4:15)  |
|-----------|--|---|
| Monday    | <b>Power league (Year 8 – 11):</b> APH<br>(Trainers required)  | Dodgeball (all years): SWA, LPO<br>Fitness (KS4): NHA<br>Athletics: (all years): JCO, MPU                       |
| Tuesday   | <b>Power league (Year 8 – 11):</b> NHA<br>(Trainers required)<br><b>Fitness Club (Year 8 – 11):</b> LPO                                    | Table Tennis (all years): APH, MJE  |
| Wednesday | Fitness Club (Year 8 - 11): APH  | All years swimming: AJA (3:00-3:40 for beginners)<br>Cricket (all years): LPO, APH<br>Rounders (all years): LCH |
| Thursday  | Power league (Year 8 - 11): AJA<br>(Trainers required)<br>Fitness Club (Year 8 - 11): JCO<br>Basketball Club (Year 9) - trainers only: APH | Badminton (all years): LPO, MPU<br>Fitness (KS3): NHA, JCO<br>Basketball (KS4): SHA                             |
| Friday    | <b>Power league (Year 8 – 11):</b> APH<br>(Trainers required)  | Staff Sports  |