



STANGROUND ACADEMY

PHYSICAL EDUCATION - INTENT

At Stanground Academy we offer a diverse range of activities making use of our extensive facilities and staff expertise. Our sports Centre is at the heart of the Stanground Community, with many local families attending the swim school and Stanground Football Club training on our fields. Our provision at school encourages the parents of our families to attend the Centre for themselves, thus widening our Academy to our families.

Our curriculum aims to provide KS3 students with the opportunities to **build physical and mental fitness**, as well as improve performance by **developing skills, problem solving and decision making**. Our curriculum develops individual sporting growth through **social inclusion and physical mobility**. This is important to our students because it recognizes achievement of all learners providing an inclusive curriculum. **STARS: Teachable**

A spiral, sequenced curriculum ensures students gain an in-depth knowledge of a broad range of sport delivered by experts in their specialism. Students rotate around to different sports led by specific sports specialists for both KS3 and at KS5, in addition, staff take part in collaborative planning as well as sharing best practice. We also utilize the skills and expertise of our tennis and swimming coaches working alongside our teachers to deliver an expert led curriculum. **STARS: Safe**

At KS4, the combination of core PE activities and vocational qualifications provide an inclusive offering that promotes a **healthy active lifestyle and encourages students to make informed positive lifestyle choices to become responsible citizens**. We offer Sport Science but aspire to offer Sport Studies as an additional course. We recognise there are differing learning styles and both courses cover different approaches. Sport Science is suited to our HAPS as this is a theory only course and appeals to those who thrive in developing theoretical knowledge, whereas Sport Studies has a combined delivery of both practical and theory. This is suited to our learners whose strengths are in the practical application of knowledge. Offering both approaches ensures more students can be **successful** in their Sport education, if they wish to continue with their learning in this discipline. **STARS: Safe/teachable/aspirational**

We have **strong links with the community** utilizing the sports centre facilities and collaborating with coaching staff to deliver swimming which we recognize as a fundamental life skill. Peterborough is a city surrounded by rural greenbelt, with open areas like Ferry Meadows, Long Thorpe Ponds and Orton Mere. **We identify the safety need to educate our students with safe water practice to limit the danger to them when socializing in these areas.** **STARS: Safe**

The use of the fitness suite within the curriculum and during our extra-curricular provision is pivotal to **fostering physical activity levels that develop personal fitness and promotes an active, healthy lifestyle**. National statistics illustrate fitness levels have declined with the rise of obesity with a government strategy to improve healthy living, considering this, **we offer extracurricular activities at lunchtime encouraging students to be active after mealtimes, partaking in football at our Power League pitches and basketball on our customized playgrounds**. **STARS: Safe/sociable**

Our students have access to a wide range of **leadership opportunities** through the curriculum and the primary school sports partnership where they **develop character, confidence and independence** in the delivery of primary sports festivals. This helps to invest back into our community to place value and respect to their local environment. In addition to this, by selecting students to support the primary events (officiating, leading and planning), which feeds into our delivery of Level 3 Sport Studies. Our KS5 curriculum embeds this applied knowledge and skills in a professional context so students gain first-hand **experience of leadership**. Our KS5 learners develop knowledge of Sport as an industry to support them as they **embark on their career achieving personal life goals**. This is evidenced in our Extended Diploma course, this course raises the **aspirations for our underachieving boys**, ensuring they can access a Level 3 curriculum that enables them to move forward with their education and steps to obtaining work. **STARS: Aspirational**

The extra-curricular programme seeks to **foster engagement** in both new activities and sports whereby pathways for further participation in the community are available. Through cultural capital opportunities, students are provided with the chance to compete within lesson, at local and Trust wide competitions to **improve social development, build resilience, confidence and celebrate success**. We identify how such events give our students the opportunity to be recognised for success. This public appreciation by the Academy, Trust and local community **improves their social and emotional well-being when academic success may not be as fruitful**. **STARS: Resilience**