

Researching a recipe.

Cooking a pasta dish. This dish may not be suitable for all tastes and the task is to research a dish like the one made in the lesson and explain why you have chosen to make this dish.

This is known as a reason for choice.

A reason for choice is explaining (justifying) in your own words why you have chosen to make this dish.

Key words to use.

Explain, research, develop, record, make, plan, cook, serve, prepare, adapt, favourite, method, hygiene, ingredients, produce.

My top tip for this work is to write about a pasta meal that you have as a family. Students could right about recipes that have been handed down in the family.



ECO , Environment, green key word bank.

Eco, green, sustainability, refuse, repair, reduce, recycle, carbon footprint, electric, turbine, travel, wonky produce, food waste, food banks, portion control, timings, reheat.

Evaluation tasks. An evaluation is a way of recognising how you are making progression in lesson. You need to write your evaluation using words from the word bank.

Organised, hygiene, progression, positive, creative, focused, modification, adapt, method, times, precision, customers, restaurant standard, chilli

Chilli con carne

Explain in their own words how they can change the recipe to suit personal preferences and to keep the recipe as healthy as possible.

Look on BBC food websites. Click the link below

[Chilli con carne recipe | BBC Good Food](#)

