

Week	1	2	3	4	5	6	7		8	9	10	11	12	13	14	15
Date	05-Sep	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct		31-Oct	07-Nov	14-Nov	21-Nov	28-Nov	05-Dec	12-Dec	19-Dec
Year 7	What is PSHE?	Challenges of moving to a new school	Values and ASPIRE award	How can we be awesome?	Unlocking your mind	What does it mean to be healthy?	Student Voice feedback	Half Term	What emotional changes take place during puberty?	Why is health and hygiene important?	Polishing shoes and how to use a washing machine	Mental health	Assessment prep	Assessment presentations	County lines	Student Voice feedback
Year 8	What is PSHE?	online safety	online safety	Resilience	Stereotyping, discrimination and prejudice: Disability	Stereotyping, discrimination and prejudice: Homophobia	Student Voice feedback		Stereotyping, discrimination and prejudice: Religion	What is a stereotype?	How are people bullied?	How can we stop bullying?	Assessment prep	Assessment presentations	Safe sex & contraception	Student Voice feedback
Year 9	What is PSHE?	Exercise, sleep deprivation and dehydration	Coping with stress	Values and ASPIRE award	Why is it important to perform self-examinations	Why do people self-harm	Student Voice feedback		Eating disorders	Fertility and fertility issues	Menopause	Assessment prep	Assessment presentations	What is drug addiction?	Consequences of Drug addiction	Student Voice feedback
Week	16	17	18	19	20	21	Half Term	22	23	24	25	26	27			
Date	04-Jan (Wed)	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb		20-Feb	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar			
Year 7	What are drugs and the consequences of drugs?	Smoking and Vaping	Energy drink	Personal Safety	Unhealthy relationships	Negative influences - friendships leading into bad behaviour		Student voice feedback and assessment prep	Assessment presentation		Careers LCH	Careers LCH	Student voice feedback			
Year 8	Sexual health and STIs	Consent	Sexting	Sexual exploitation and harassment	Student voice feedback	Careers LCH		Careers LCH	Careers LCH	Pornography	Body Image and the media	What are the traits of an unhealthy relationship	Student voice feedback			
Year 9	Why do people misuse prescription drugs?	Prep for options - LCH	Prep for options - LCH	Prep for options - LCH	Prep for options - LCH	Student voice feedback		Assessment Pre	Assessment presentation	Navigating accounts, savings, and financial institutions	What rights do we have as consumers	How to stay financially savvy and avoid debt	Student voice feedback			
Week	28	29	30	31	32	33	Half Term	34	35	36	37	38	39	40	41	
Date	17-Apr	24-Apr	02-May	08-May	15-May	22-May		05-Jun	12-Jun	21-Jun	26-Jun	03-Jul	10-Jul	17-Jul	18-22 Jul	
Year 7	Discrimination	What is love?	What are boundaries	Sex in the media	FGM - what happens and why?	Student voice feedback		Physical changes during puberty	Wet dreams and erections	Shopping ethically	Recovery position	Wants and needs - do we know the difference?	Social media	Assessment prep	Student voice feedback & Presentations	
Year 8	Traits of a positive relationship	Sexual peer pressure	CCE – what is it/why does it happen?	What is sexual attraction?	unrealistic relationships	Student voice feedback		What to do in an emergency	Heart attack/stroke	CPR	Money - income and expenditure	Budgeting and saving	How to read a pay slip	Assessment prep	Student voice feedback & Presentations	
Year 9	Are you ready for sex?	Consent	Contraception	STIs	Teen Pregnancy	Student voice feedback		Risky sexual behavior	Up skirting	What are the consequences of unhealthy relationships?	CSE (Child Sexual Exploitation) – what is it/why does it happen?	What is intimacy?	Revenge porn	Assessment prep	Student voice feedback & Presentations	

Careers
Health and wellbeing
Living in the wider world
Relationships
Lessons to be planned responding to the SV survey from homework