

## Key Stage 5: Health & Social Care Curriculum Plan 2021/22

	Subject	Autumn	Spring	Summer
<b>Year 12</b>	<b>CTEC Health &amp; Social Care</b>	<p><b>Unit 1</b> Building positive relationships in health and social care <b>continues this term</b>  <b>Knowledge:</b>            LO1 Understand relationships in health, social care or child care environments            LO2 Understand the factors that influence the building of relationships</p> <p><b>Unit 2 Equality, diversity and rights in health and social care</b>  <b>Knowledge:</b>            LO1 Understand the concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments.            LO2 Understand the impact of discriminatory practices on individuals in health, social care and child care environments.            LO3 Understand how current legislation and national initiatives promote anti-discriminatory practice in health, social care and child care environments.            LO4 Understand how equality, diversity and rights in health, social care and child care environments are promoted.</p>	<p><b>Revision Unit 2</b></p> <p><b>Unit 2</b>            Students will be entered for the January submission Unit 2 with the view and option to re-sit the external assessment in June.</p> <p>Students sit the exam in the assessment window of May, there will be an opportunity to resit in January 23.</p> <p><b>Unit 1 continues this term</b>  <b>Knowledge:</b>            LO3 Understand positive relationships in health, social care or child care environments.            LO4 Be able to use communication skills effectively to build positive relationships in a health, social care, or child-care environment</p> <p><b>Unit 1 completion-</b> work is moderated and a re-submission opportunity is given if any written coursework needs improving.            Unit 1 is submitted for external moderation by OCR</p> <p><b>Unit 3 Health, safety and security in health and social care</b>  <b>Knowledge:</b></p>	<p><b>Unit 3 continues this term</b>  <b>Knowledge:</b>            LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments            LO4 Know how to respond to incidents and emergencies in a health, social care or child care environment.</p> <p><b>Unit 3 Revision</b>  <b>Unit 2 Revision</b></p> <p><b>Students sit the Unit 3 exam &amp; resit Unit 2 exams in the assessment window of May, there will be an opportunity to resit Unit 3 in January 23.</b></p> <p><b>Unit 4 Anatomy and physiology for health and social care</b>  <b>Knowledge:</b>            LO1 Understand the cardiovascular system, malfunctions and their impact on individuals</p> <ul style="list-style-type: none"> <li>• Composition of blood</li> <li>• Functions of blood</li> <li>• Structure of the heart</li> <li>• Function of the heart</li> </ul>



# STANGROUND ACADEMY

			<p>LO1 Understand potential hazards in health, social care and child care environments.</p> <p>LO2 Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments</p> <p>LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments</p>	<ul style="list-style-type: none"> <li>• Control and regulations of the cardiac cycle</li> <li>• Types, structure and function of blood vessels</li> <li>• Formation of tissue fluid and lymph</li> <li>• Cardiovascular malfunctions – possible causes and symptoms</li> <li>• Monitoring, treatment and care needs for cardiovascular malfunctions</li> </ul>
<b>Year 13</b>		<p><b>Unit 1</b> Building positive relationships in health and social care <b>continues this term</b></p> <p><b>Knowledge:</b></p> <p>LO1 Understand relationships in health, social care or child care environments</p> <p>LO2 Understand the factors that influence the building of relationships</p> <p>LO3 Understand how a person-centred approach builds positive relationships in health, social care child care environments</p> <p>LO4 Be able to use communication skills effectively to build positive relationships in a health, social care or child care environment</p> <p><b>Unit 1 completion-</b> work is moderated and a re-submission opportunity is given if any written coursework needs improving.</p> <p><b>Unit 1</b> is submitted for external moderation by OCR</p> <p><b>Unit 13 Sexual health, reproduction and early development sages</b></p> <p><b>Knowledge:</b></p> <p>LO1 Understand sexual health and contraception</p>	<p><b>Unit 13 Sexual health, reproduction and early development sages</b></p> <p><b>Knowledge:</b></p> <p>LO5 Understand the care and development of the baby in the first year of life</p> <p><b>Unit 13 completion-</b> work is moderated and a re-submission opportunity is given if any written coursework needs improving.</p> <p><b>Unit 13</b> is submitted for external moderation by OCR</p> <p><b>Unit 10 Nutrition for Health</b></p> <p><b>Knowledge:</b></p> <p>LO1 Know nutritional and health guidelines</p> <ul style="list-style-type: none"> <li>• Dietary intake guidelines</li> <li>• Energy balance</li> <li>• Nutritional measure</li> <li>• Food labelling</li> </ul> <p><b>LO2 Understand the functions of nutrients</b></p> <ul style="list-style-type: none"> <li>• Macro nutrients</li> <li>• Proteins</li> <li>• Lipids</li> <li>• Micronutrients</li> </ul>	<p><b>Unit 3 Health, safety and security in health and social care</b></p> <p><b>Knowledge:</b></p> <p>LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments</p> <p>LO4 Know how to respond to incidents and emergencies in a health, social care or child care environment.</p> <p><b>Unit 3</b></p> <p><b>Revision:</b></p> <p>In preparation for resit of Unit 1 exam in May 2022.</p> <p>Students will sit Unit 3 assessment in May 2022</p>



# STANGROUND ACADEMY

		<p>LO2 Understand the importance of prenatal health and the process of conception</p> <p>LO3 Know the factors that could affect health in pregnancy and the success of the birth</p> <p>LO4 Understand the stages of pregnancy and birth and the postnatal care of the mother</p>	<ul style="list-style-type: none"> <li>• Functions</li> <li>• Dietary needs of individuals</li> <li>• Effects of nutritional deficiencies</li> </ul> <p><b>LO3 Understand factors which influence nutritional health</b></p> <ul style="list-style-type: none"> <li>• Health factors</li> <li>• Lifestyle factors</li> <li>• Economic factors</li> <li>• Sociocultural factors</li> <li>• Educational factors</li> <li>• Personal preference</li> <li>• Fluid balance</li> <li>• Labelling</li> </ul> <p><b>LO4 Be able to make recommendations to improve nutritional health</b></p> <ul style="list-style-type: none"> <li>• Record food intake</li> <li>• Review source of nutritional information</li> <li>• Quantitative analysis</li> <li>• Compare to daily recommended intakes</li> <li>• Create nutritional plan</li> <li>• Analyse lifestyle influences</li> </ul> <p><b>Unit 3 Health, safety and security in health and social care</b></p> <p><b>Knowledge:</b></p> <p>LO1 Understand potential hazards in health, social care and child care environments.</p> <p>LO2 Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments</p>	
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