

Task One: The British Psychological Association

<https://www.bps.org.uk/>

<https://www.bps.org.uk/become-psychologist/additional-careers-resources>

Looking at the links above answer the following questions;

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

Task Two: What is Psychology?

“Psychology is the scientific study of the human mind and behaviour.”

This really means we are trying to understand what it is that causes us to behave the ways we do; why are some people depressed? Why are some people introverted and some extroverted? Why do some people become killers? Why do some people become obese and some have anorexia? It's a sensitive subject, but the focus is always on: why are humans the way they are?

Watch this short video to start you off: <https://www.youtube.com/watch?v=1Os1C000qxY>

Your first task is to help you garner an understanding of what Psychology is really all about. Use the internet (e.g. Wikipedia, YouTube and other sources) to research and understand what the following key terms mean and create a short definition for each in your own words.

The most important thing in an A level is your understanding – so it's not about having the “right” or “word-perfect” definition, it's about you understanding what a concept means.

Term	Explanation
Armchair psychology	
Experiment	
Observation	
Self-report	
Correlation	
Ethical issues	
Biological psychology	
Behaviourist psychology	

Psychodynamic psychology	
Humanistic psychology	
Cognitive psychology	
Social psychology	
Social learning theory	
Obedience	
Conformity	
Phobia	
Depression	
OCD	
Schizophrenia	
Validity	
Reliability	

Task Three: psychological research

<https://www.simplypsychology.org/a-level-approaches.html>

Create a fact-file on each of the following pieces of research;

- Ivan Pavlov- conditioning of dogs to salivate

- Albert Bandura- the Bobo doll study
- B F Skinner- Conditioning of rats/pigeons

Task 4: Memory

https://www.ted.com/talks/elizabeth_loftus_how_reliable_is_your_memory?language=en

Watch the TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes.

<https://www.simplypsychology.org/eyewitness-testimony.html>

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make our own notes on the content.

Task 5: Social Influence

<https://www.simplypsychology.org/conformity.html>

Conformity is a type of social influence involving a change in belief or behaviour in order to fit in with a group.

Make notes on what conformity is, and the types of conformity that have been identified.

Task 6: Cambridge University

<https://www.myheplus.com/post-16/subjects/psychology>

Cambridge university has a range of resources and activities to view on their website.