

Health and Social Care Long Term Plan

	Autumn	Spring	Summer
10 CNAT Health and Social Care	<p>RO31 Using basic first aid procedures</p> <p>RO31 LO1 Be able to assess scenes of accidents to identify risks and continuing dangers</p> <p>RO31 LO2 Understand the first aid procedures for a range of injuries</p> <p>RO31 LO3: Be able to apply basic first aid procedures</p>	<p>RO31 LO3: Be able to apply basic first aid procedures (continues)</p> <p>RO21 LO1: Understand how to support individuals to maintain their rights</p> <p>Knowledge:</p> <ul style="list-style-type: none"> • The rights of individuals • Why it is important to maintain individuals rights • How careworkers can support individuals to maintain their rights <p>RO21 LO2: Understand the importance of the values of care and how they are applied</p> <p>Knowledge:</p> <ul style="list-style-type: none"> • The values of care in Health and social care • Where the care values are applied • How the values are applied • How the early years values of care are applied in settings • The importance of applying the values of care • The effects on people who use services if the values of care are not met 	<p>RO21 LO3 Understand how legislation impacts of care values</p> <p>Knowledge:</p> <ul style="list-style-type: none"> • the key aspects of legislation which are relevant to each of the following groups • an overview of the key aspects of legislation <p>RO21 LO4 : Understand how personal hygiene, safety and security measures protect individuals</p> <p>Knowledge:</p> <ul style="list-style-type: none"> • Personal hygiene • Safety procedures • Security measures <p>Students will submit RO31coursework in May 2022</p> <p>Students will sit the RO21 assessment in May 2022</p>
11 CNAT Health and Social Care	<p>RO22 LO3 Be able to communicate effectively within a health, social care and early years settings</p> <p>Knowledge:</p> <ul style="list-style-type: none"> • How to plan for a one to one and group health and social care or early years setting • How to communicate effectively in one to one or group situations • Appropriate body language and behaviour • Inappropriate body language and behaviour • Adapting/using appropriate language 	<p>RO31 LO2 Understand the first aid procedures for a range of injuries</p> <p>RO31 LO3: Be able to apply basic first aid procedures</p>	<p>RO31 LO3: Be able to apply basic first aid procedures</p> <p>RO21 Revision</p> <p>Students will have the opportunity to resit RO21 in May 2022</p> <p>Students will submit RO31 coursework in May 2022</p>

	<p>RO31 Using basic first aid procedures</p> <p>RO31 LO1 Be able to assess scenes of accidents to identify risks and continuing dangers</p> <p>RO31 LO2 Understand the first aid procedures for a range of injuries</p>		
12 OCR Extended Certificate in Health and Social Care	<p>Unit 1 Building positive relationships in health and social care continues this term Knowledge: LO1 Understand relationships in health, social care or child care environments LO2 Understand the factors that influence the building of relationships</p> <p>Unit 2 Equality, diversity and rights in health and social care Knowledge: LO1 Understand the concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments. LO2 Understand the impact of discriminatory practices on individuals in health, social care and child care environments. LO3 Understand how current legislation and national initiatives promote anti-discriminatory practice in health, social care and child care environments. LO4 Understand how equality, diversity and rights in health, social care and child care environments are promoted.</p>	<p>Revision Unit 2</p> <p>Unit 2 Students will be entered for the January submission Unit 2 with the view and option to re-sit the external assessment in June.</p> <p>Students sit the exam in the assessment window of May, there will be an opportunity to resit in January 23.</p> <p>Unit 1 continues this term Knowledge: LO3 Understand positive relationships in health, social care or child care environments. LO4 Be able to use communication skills effectively to build positive relationships in a health, social care, or child-care environment</p> <p>Unit 1 completion- work is moderated and a re-submission opportunity is given if any written coursework needs improving.</p> <p>Unit 1 is submitted for external moderation by OCR</p> <p>Unit 3 Health, safety and security in health and social care Knowledge: LO1 Understand potential hazards in health, social care and child care environments. LO2 Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments</p>	<p>Unit 3 continues this term Knowledge: LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments LO4 Know how to respond to incidents and emergencies in a health, social care or child care environment.</p> <p>Unit 3 Revision</p> <p>Unit 2 Revision</p> <p>Students sit the Unit 3 exam & resit Unit 2 exams in the assessment window of May, there will be an opportunity to resit Unit 3 in January 23.</p> <p>Unit 4 Anatomy and physiology for health and social care Knowledge: LO1 Understand the cardiovascular system, malfunctions and their impact on individuals</p> <ul style="list-style-type: none"> • Composition of blood • Functions of blood • Structure of the heart • Function of the heart • Control and regulations of the cardiac cycle • Types, structure and function of blood vessels • Formation of tissue fluid and lymph

		LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments	<ul style="list-style-type: none"> • Cardiovascular malfunctions – possible causes and symptoms • Monitoring, treatment and care needs for cardiovascular malfunctions
13 OCR Extended Certificate in Health and Social Care	<p>Unit 1 Building positive relationships in health and social care continues this term</p> <p>Knowledge:</p> <p>LO1 Understand relationships in health, social care or child care environments</p> <p>LO2 Understand the factors that influence the building of relationships</p> <p>LO3 Understand how a person-centred approach builds positive relationships in health, social care child care environments</p> <p>LO4 Be able to use communication skills effectively to build positive relationships in a health, social care or child care environment</p> <p>Unit 1 completion- work is moderated and a re-submission opportunity is given if any written coursework needs improving.</p> <p>Unit 1 is submitted for external moderation by OCR</p> <p>Unit 13 Sexual health, reproduction and early development sages</p> <p>Knowledge:</p> <p>LO1 Understand sexual health and contraception</p> <p>LO2 Understand the importance of prenatal health and the process of conception</p> <p>LO3 Know the factors that could affect health in pregnancy and the success of the birth</p> <p>LO4 Understand the stages of pregnancy and birth and the postnatal care of the mother</p>	<p>Unit 13 Sexual health, reproduction and early development sages</p> <p>Knowledge:</p> <p>LO5 Understand the care and development of the baby in the first year of life</p> <p>Unit 13 completion- work is moderated and a re-submission opportunity is given if any written coursework needs improving.</p> <p>Unit 13 is submitted for external moderation by OCR</p> <p>Unit 10 Nutrition for Health</p> <p>Knowledge:</p> <p>LO1 Know nutritional and health guidelines</p> <ul style="list-style-type: none"> • Dietary intake guidelines • Energy balance • Nutritional measure • Food labelling <p>LO2 Understand the functions of nutrients</p> <ul style="list-style-type: none"> • Macro nutrients • Proteins • Lipids • Micronutrients • Functions • Dietary needs of individuals • Effects of nutritional deficiencies <p>LO3 Understand factors which influence nutritional health</p> <ul style="list-style-type: none"> • Health factors • Lifestyle factors 	<p>Unit 3 Health, safety and security in health and social care</p> <p>Knowledge:</p> <p>LO3 Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments</p> <p>LO4 Know how to respond to incidents and emergencies in a health, social care or child care environment.</p> <p>Unit 3 Revision:</p> <p>In preparation for resit of Unit 1 exam in May 2022.</p> <p>Students will sit Unit 3 assessment in May 2022</p>

		<ul style="list-style-type: none"> • Economic factors • Sociocultural factors • Educational factors • Personal preference • Fluid balance • Labelling <p>LO4 Be able to make recommendations to improve nutritional health</p> <ul style="list-style-type: none"> • Record food intake • Review source of nutritional information • Quantitative analysis • Compare to daily recommended intakes • Create nutritional plan • Analyse lifestyle influences <p>Unit 3 Health, safety and security in health and social care</p> <p>Knowledge:</p> <p>LO1 Understand potential hazards in health, social care and child care environments.</p> <p>LO2 Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments</p>	
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