



GREENWOOD DALE FOUNDATION TRUST

STANGROUND ACADEMY

Academy Catering Arrangements

REVIEW PROCESS	
FIRST WRITTEN	01/10/2012
NEXT REVIEW	01/10/2013

Academy Meals Arrangements

The Academy is committed to ensuring that all aspects of food and nutrition in Academy promote the health and wellbeing of pupils, staff and visitors to the Academy. This document sets out the Academy's policy on food and drink sold and consumed on Academy premises.

The Aim is for Pupils to:

- be equipped with the skills and information to make important health and life choices
- ensure they have access to a wide choice of food, suited to most dietary and cultural requirements.

A range of hot and cold meals and snacks will be available at morning break and lunchtimes. Where appropriate, a breakfast club will operate. Daily menus will be varied, updated regularly and care will be taken to ensure a suitable environment is available for food consumption.

The food provided will satisfy the National Nutritional Standards, ie:

- containing high-quality meat, poultry or oily fish
- serving at least two portions of fruit and vegetables with every meal
- making bread, other cereals and potatoes available
- using healthy cooking processes e.g. baking, grilling, boiling and the minimal use of frying
- reducing, or where possible prohibiting, foods perceived as containing excessive amounts of salt, saturated fats, highly processed carbohydrates, artificial sweeteners and flavourings
- providing access to water, fruit drinks and milk, and excluding carbonated drinks.

Please note crisps, chocolate and other confectionary will not be on sale on the Academy site.

This will be backed up by a comprehensive education programme in technology, science and, where appropriate, stand-alone PSHE activities (Personal, social and health education).

This will ensure that pupils:

- are well informed about the short and long-term benefits of healthy eating
- consider healthy options when bringing food and drink purchased from elsewhere. High energy drinks are not allowed on site
- recognise the benefits of drinking water. (We will provide water stations wherever practicable and in new and refurbished buildings).

The use of sweets as rewards for pupils in class will be discouraged.

External Providers

For those Academies which are served by external contractors we will work to ensure that the service provided reflects the standards set out here.

Free School Meals (lunchtime only)

Parents do not have to pay for Academy lunches if they receive the following:

- income support
- income-based Job Seeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (ass assessed by HM Revenue & Customs) that does not exceed the relevant threshold
- Working Tax Credit during the four-week period immediately after their employment finishes or if they start to work for less than 16 hours per week.

Applications should be made through the Local Authority.

Individual Needs

Special arrangements are available for pupils who have a professionally diagnosed disability affecting their dietary needs.

Website

Further information on the catering arrangements is available on the Academy website.