

Learning Journey Y13 HSC

The journey continues

Welcome back to Health and Social Care



Year 13

Term 1a

Unit 4 LO6

Unit 1 *

Unit 3 LO1

Unit 4 LO1

Unit 3 LO2

Unit 3: LO1 Understand potential hazards in HSC

Revision of LO1 in readiness for exam in January 2023

Unit 3: LO2 Legislation

Revision of LO2 in readiness for exam in January 2023



Unit 4: LO1 Cardiovascular system

Structure and function of the heart, blood and blood vessels, the cardiac cycle and disorders

Unit 4: LO2 Respiratory System

You will learn about the structure and function of the respiratory system, breathing in and out and disorders that can affect it.

Unit 4 LO2

Unit 4: LO3 Digestive System

You will learn about the structure and function of the digestive system, the processes of digestion, assimilation and absorption and disorders.

Unit 4 LO3

WORK SENT OFF

Unit 4 LO2

Unit 3 LO3

Term 1b

Unit 3: LO3 Understand the roles and responsibilities involved in health, safety and security in HSC & CC environments

Revision of LO3 in readiness for exam in January 2023

Unit 1 Coursework

Coursework sent for external moderation

Unit 3 LO4



Unit 4 LO4

Term 2a

Unit 3 Exam



Unit 4 Exam

Unit 4 **

Unit 10 LO1

Unit 4: LO4 Musculoskeletal System

You will learn about the skeleton, the bones and joints and how these allow for movement, you will also look at case studies and disorders and their effect on individuals.

Unit 3: LO4 Know how to respond to incidents and emergencies in HSC & CC environments

You will learn how to identify and the potential impacts of hazards in HSC settings, how to recognise signs of harm and abuse and the need for safeguarding. You will look at different legislative acts and the implementation of policies and procedures.

Unit 10: LO1 Nutritional and Diet Guidelines

You will learn about dietary intake guidelines, energy balance, nutritional measures and food labelling

**Unit 4: Revision / recap of all LOs

Unit 4: LO6 Sensory Systems

You will learn about the structures and functions of the eye and the ear, and disorders that affect these.

*Unit 1 : Building positive relationships in HSC

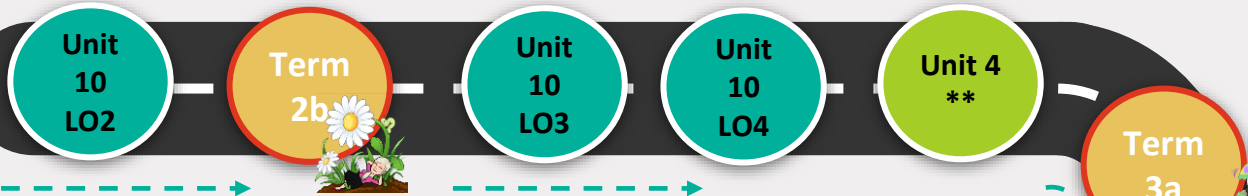
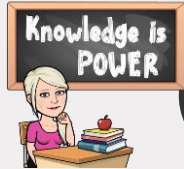
Review and develop coursework from Yr 12

Learning Journey Y13 HSC

Unit 10: LO2 Functions of Nutrients

You will learn about macro and micro nutrients and their functions; the dietary needs of individuals at different life stages, and the effects of nutritional deficiencies

****Unit 4: Revision / recap of all LOs**



Unit 10: LO4 Make recommendations to improve nutritional health

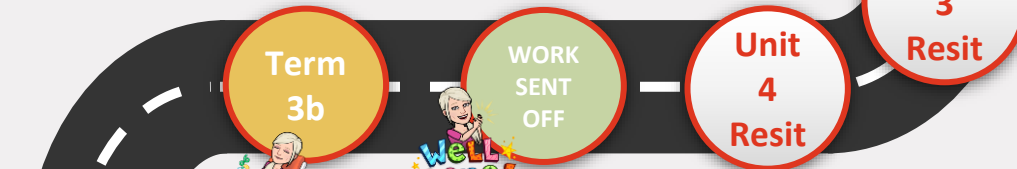
You will learn about recording food intake, reviewing sources of nutritional information, analysing quantitative data, comparing to recommended daily intakes, creating a nutritional plan and analysing lifestyle influences.

Unit 10: LO3 Factors that influence nutritional health

You will learn about health, lifestyle, economic, socio-cultural and educational factors, personal preferences, fluid balance and labelling

Unit 3 Exam

You will take a 1.5 hour paper that will assess all of the learning objectives.



Final External Moderation

All work has to have been posted off to the exam board, all units must be complete and marks will be confirmed.

Stand down and Exams

